



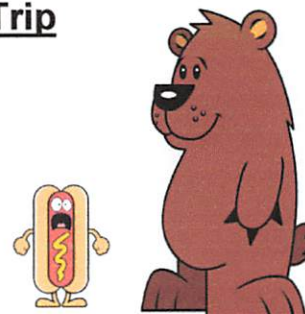
## Campbell Valley Regional Park Field Trip

### "CURIOUS ABOUT CREATURES"

Grades 4 – 8

Friday, June 8, 2018

10:30 am – 12:30 pm



We have arranged a field trip at the Campbell Valley Regional Park for students in Grades 4 – 8 on Friday, June 8, 2018. We will meet in the parking lot at 8<sup>th</sup> Avenue and 200<sup>th</sup> Street in Langley at **10:15 am**. Parents are welcome to join the group as helpers, if they wish – please see the attached sheets from Metro Vancouver on "How to be a Great Adult Helper" and "Park Etiquette". If you have younger children, you are welcome to enjoy other areas of the park while Home Quest students participate in the workshop.

**Field Trip Description:** If you were a black bear, you could smell a hot dog almost 30 kilometres away! If you were a bat you could hear sounds made by distant stars. If you were a beaver, you'd have transparent eyelids for diving underwater. Our parks are home to a variety of amazing wildlife; choose a creature you'd like to learn more about and we'll do the rest. Sample activities:\*

- Slug Slime: Test the amazing properties of slug slime as you pick up large objects using only a tiny bit of slime on your finger.
- Animal Specimens: See, smell and touch animal specimens like pelts, skulls and feathers.
- Search for Beaver Signs: Look for lodges and chewed logs.

(\*Activities may vary depending on the location, leader, group age or teacher request.)

This trip is "rain or shine" - please dress appropriately for the weather! Terrain can be wet and muddy, even on nice days. Students should wear appropriate layers and footwear. Umbrellas are discouraged.

*Accidents can be the result of the nature of the activity and can occur with or without any fault on either the part of the student, or the school board or its employees or agents, or the facility where the activity is taking place. By allowing your son/daughter to participate in this activity, you are accepting the risk of an accident occurring, and agree that this activity, as described above, is suitable for your child.*



I give \_\_\_\_\_ (name of student[s]) permission to participate in the Campbell Valley Regional Park "Curious about Creatures" field trip on Friday, June 8, 2018. I understand that my child may be exposed to certain risks while participating in this activity. Accidents and injuries may occur.

☐ I will remain with my child's group to help supervise.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed name of Parent/Guardian



## METRO VANCOUVER REGIONAL PARKS FIELD TRIPS

## How to be a Great Adult Helper



Metro Vancouver programs are active, hands on and educational. By getting involved, you and your child can get the most from our outdoor classroom. Here are some tips to make this field trip productive for everyone.



**Dress appropriately.** Comfortable walking shoes and outdoor clothes are essential for all programs. Boots or washable shoes are a must for beach, pond and stream programs.



**Please turn off ringers on cellular phones and pagers.**



**Be prepared to get involved!** A park program is a great opportunity to have some fun, play a game, and interact with your child and their classmates. Be prepared to participate in activities such as slug stroking. You might like it!



**Set a good example.** By listening and then passing on clear instructions for smaller group activities, you will be in the best position to support your interpreter in protecting both the children and the park. Please demonstrate the level of attention and involvement you would expect from the children. Conversations to the side can be distracting for everyone.



**Help with supervision.** Inappropriate behaviour from one or two children can ruin the experience for the whole group and may require you to give a gentle reminder to those children. A behaviour or first aid situation may require you to supervise a smaller group while the interpreter deals with the problem. Consider arranging childcare for younger siblings.

### *Thank You for Helping!*

We appreciate your support and hope you and your children have a rewarding experience in Regional Parks.



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[www.metrovancouver.org](http://www.metrovancouver.org)

## METRO VANCOUVER REGIONAL PARKS FIELD TRIPS

## Park Etiquette



While visiting the Park, please take the opportunity to teach your group how to respect and care for natural spaces. Our Regional Parks are home to a myriad of plants and animals, from tiny insects to giant evergreens. Make your visit a positive experience for all living things! If we care for and protect our parks, they will be ours to enjoy for many years.

The following are some guidelines for good park etiquette:



**Walk quietly and you will see more wildlife.**

If you see any animals or birds, observe them quietly.  
Don't chase them or try to catch them.



**Stay on designated trails at all times.**

Walking off trails kills small plants and damages the roots of trees.  
Do not climb on logs or trees.



**If it is attached to something, leave it!**

Learn about leaves and flowers without picking them.  
Some beach creatures stay alive by anchoring themselves to rocks, so if you pick them off they may not be able to re-attach.  
Look at them, smell them, feel them, listen to them  
– and leave them for others to enjoy.



**Leave the berries for the birds, squirrels and insects.**

Berries make up a large part of their diet, and a couple of hungry groups of people can strip an area of all berries.



**Leave everything the way you found it.**

If you look under logs or stones, gently put them back in place.  
Never take a log apart. Fill in any holes that you dig.



**Do not take anything home from the park.**

All things found in Nature, living and dead, have a role to play.  
Think of ways to "collect" without taking. Leave only footprints and take only memories.

**Enjoy Your Visit!**

We hope your group has a memorable and enlightening experience in Regional Parks and we look forward to seeing you again.

